



Tabriz University of Medical Sciences (TUOMS)  
School of Medicine

## Curriculum Vitae

### Personal Data:

**First name:** Akbar

**Last name:** Aliasgarzadeh

**Nationality:** Iran

**Date of birth:** 21.11.1966

**Place of birth:** Meshginshahr

**Marital status:** Married

**Specialty:** Internist, Endocrinologist

**Academic rank:** professor

**Department/Research Center:** Internal Medicine, Endocrine Research Center

**Address (Office):** EmamReza Hospital, Endocrine Section

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***h*-index (Scopus):** 12

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**Scopus ID:** 903666000

**ResearcherID:** M-2878-2017

**ORCID:** Akbar Aliasgarzadeh also known as Akbar Aliasgharzadeh

## Fields of interest

**Endocrinology, Pituitary Diseases**

## Skills: (language, software...)

Farsi is my official language, Azari – Turkish is my native language, English is my scientific language. I have usual skills for using computer, office applications, internet, email, smart phones applications, social medias; I have good Tailoring skills and self-sufficient skills in electricity.

## Educational Background:

Date	Degree	Institution	Country
21 June 1983	High School Gradation	Meshgin Shahar Motahari High School	Iran
22 September 1991	General Medicine	Tabriz University of Medical Sciences	Iran
22 September 1965	Internal Medicine	Tabriz University of Medical Sciences	Iran
22 September 1999	Endocrinology	Mashhad University of Medical Sciences	Iran

## Selected articles:

Assessment of free L-carnitine levels in type II diabetic women with and without complications. A Poorabbas, J Baddadchi, F Fallah, R Mahdavi, A Aliasgarzadeh, ... Asia Pacific Journal of Clinical Nutrition 13, 2004	2004
ASSESSMENT OF FREE L-CARNITINE LEVELS IN TYPE II DIABETIC WOMEN WITH AND WITHOUT COMPLICATIONS J BAGHDADCHI, A POORABBAS, F FALAH, A ALIASGARZADEH, ... JUNDISHAPUR SCIENTIFIC MEDICAL JOURNAL 4 (446), 230-236, 2005	2005
Adherence to Management Plan For Diabetes in Type 2 Diabetic Patients A Aliasgharzadeh, M Mobasseri, M Adib Abstract Book 13th Asia Oceania Congress of Endocrinology 162, 2006	2006
Determination of free L-carnitine levels in type II diabetic women with and without complications A Poorabbas, F Fallah, J Bagdadchi, R Mahdavi, A Aliasgarzadeh, ...	2007

European journal of clinical nutrition 61 (7), 892-895, 2007	
(58) Survey of Local Emergency Medical Services Missions in Kashan during the Six-Month Period from 21 March-22 September 2006 M Mahdian, A Shojaee, A Aliasgharzadeh, A Rahati Prehospital and Disaster Medicine 22 (S1), S41-S41, 2007	2007
A cross-sectional study of metabolic and endocrine complications in beta-thalassemia major F Najafipour, A Aliasgarzadeh, N Aghamohammadzadeh, A Bahrami, ... Annals of Saudi medicine 28 (5), 361-366, 2008	2008
Evaluation of endocrine disorders in patients with thalassemia major F Najafipour , R. Sarisorkhabi, A. Bahrami, M. Zareizadeh, K. Ghoddousi, N. Aghamohamazadeh, A Aliasgharzadeh, M Mobaseri, M Niafar INTERNATIONAL JOURNAL OF ENDOCRINOLOGY AND METABOLISM (IJEM) 6 (2), 104-113, 2008	2008
Evaluation of glucose metabolism, thyroid function, growth and development pattern and calcium status in patients with thalassemia major F Najafipour, A Aliasgarzadeh, M Niafar, M Mobaseri, ... Res J Biol Sci 3 (8), 867-73, 2008	2008
Study of contraception status of female diabetic patients in childbearing years A Aliasgharzadeh, N Aghamohammadzadeh, M Mobaseri Res J Biol Sci 3 (7), 710-715, 2008	2008
RELATION BETWEEN SECRETARY STATUS OF GROWTH HORMONE, SERUM CONCENTRATION OF INSULIN-LIKE GROWTH FACTOR I, AND INSULIN-LIKE GROWTH FACTOR BINDING PROTEIN 3 WITH BONE MINERAL ... ASGHARZADEH A ALI, A Bahrami, F NAJAFIPOUR, A ASTANI, MITRA NIAFAR, MOHAMMADZADEH N AGHA, M MOBASERI INTERNATIONAL JOURNAL OF ENDOCRINOLOGY AND METABOLISM (IJEM) 6 (2), 78-88, 2008	2008
An Unusual Approach For Treating A Thyroid Nodule A Aliasgharzadeh JOURNAL OF CLINICAL AND DIAGNOSTIC RESEARCH 2 (3), 859-861, 2008	2008
Evaluation results and complications Treatment of Grave's disease with Radioiodine (I 131) N Aghamohammadzadeh, O Mashrabi, A Bahrami, F Najafipour, ... Research Journal of Medical Sciences 2 (2), 96-98, 2008	2008
Long-term effects of processed Berberis vulgaris on some metabolic syndrome components. M Ebrahimi-Mamaghani, SR Arefhosseini, M Golzarand, A Aliasgarzadeh, ... Iranian Journal of Endocrinology and Metabolism 11 (1), 2009	2009
Vitamin D status in healthy postmenopausal Iranian women M Niafar, A Bahrami, A Aliasgharzadeh, N Aghamohammadzadeh, ... Journal of Research in Medical Sciences: The Official Journal of Isfahan ..., 2009	2009
Prevalence of thyroid dysfunction in the elderly women of Iran M Niafar, A Aliasgharzadeh, A Bahrami, F Najafipur 11th European Congress of Endocrinology 20, 2009	2009
Effect of total extract of Urtica dioica on insulin and C-peptide secretion from rat (RIN5F) pancreatic $\beta$ cells and glucose utilization by human muscle cells M Mobaseri, A Bahrami, N Zargami, A Aliasgarzadeh, M Rhmati, ... Iranian Journal of Endocrinology and Metabolism 11 (6), 721-727, 2009	2009
Obesity indicators and diet status in patients with metabolic syndrome M Ebrahimi Mamaghani, M Gholzarand, R Aref Hoseini, AA Asgharzadeh	2009

J Tabriz Med Uni 31 (1), 11-15, 2009	
Incidence of osteoporotic hip fracture in above 50 year old peoples of Tabriz in years 2004-2006. A Aliasgarzadeh, A Bahrami, M Ramazani, F Najafipoor, A Moradi, ... Iranian Journal of Endocrinology and Metabolism 10 (6), 563-656, 2009	2009
Short term-effect of processed berberis consumption vulgaris on cardiovascular risk factors in type II diabetes patients with metabolic syndrome M Golzarand, ME Mamaghani, SR Arefhosseini, A Aliasgarzadeh Medical Journal of Tabriz University of Medical Sciences and Health Services ..., 2009	2009
Hyperhomocysteinemia and bone mineral density: a case-control study M Mobasserri, A Aliasgharzadeh, Z Ebrahimzadeh, F Najafipoor, M Niafar, ... Pak J Med Sci 25, 91-6, 2009	2009
Evaluation of effective factors in decreased bone density in patients with osteoporosis and osteopenia. N Aghamohammadzadeh, F Najafipour, AMIR Bahrami, MITRA Niafar, L Baglar, H Hajiegrary, A Aliasgharzadeh, M Mobasserri Journal of Gorgan University of Medical Sciences 11 (2), 2009	2009
Presenting pattern and etiologies of hyperprolactinemia in north west of Iran. A Aliasgharzadeh Research Journal of Medical Sciences 3 (1), 23-25, 2009	2009
Prevalency of diabetic nephropathy among type 2 diabetic patients. N Aghamohammadzadeh, F Najafipour, A Aliasgharzadeh, A Bahrami, ... Journal of Gorgan University of Medical Sciences 11 (1), 2009	2009
Polycystic ovarian patient's serum decreases in vitro development of mouse embryo H Naderian, H Nikzad, A Aliasgharzadeh, MA Atlasi International Journal of Reproductive BioMedicine 7 (1), 13-0, 2009	2009
Urtica dioica effects on glucose utilization by human muscle cells M Mobasserri, A Aliasgarzadeh, N Aghamohammadzadeh, N Zargami, ... 11th European Congress of Endocrinology 20, 2009	2009
The effects of Urtica dioica on rat pancreatic [beta] cell M Mobasserri, A Aliasgarzadeh, A Bahrami, M Niafar, F Najafipoor, ... 11th European Congress of Endocrinology 20, 2009	2009
Growth hormone secretory status and bone mineral content in postmenopausal women A Aliasgarzadeh, M Mobassery, M Mobasserri 11th European Congress of Endocrinology 20, 2009	2009
Presenting pattern and etiologies of hyperprolactinemia in north west of Iran A Aliasgarzadeh 11th European Congress of Endocrinology 20, 2009	2009
N-acetylcysteine improves liver function in patients with non-alcoholic Fatty liver disease M Khoshbaten, A Aliasgarzadeh, K Masnadi, MK Tarzamani, S Farhang, ... Hepatitis Monthly 10 (1), 12, 2010	2010
Grape seed extract to improve liver function in patients with nonalcoholic fatty liver change M Khoshbaten, A Aliasgarzadeh, K Masnadi, S Farhang, MK Tarzamani, ... Saudi journal of gastroenterology: official journal of the Saudi ..., 2010	2010
Effectiveness of Information-Motivation and Behavioral skill (IMB) model in improving self-care behaviors & Hba1c measure in adults with type2 diabetes in Iran-Tabriz RM Gavgani, H Poursharifi, A Aliasgarzadeh Procedia-Social and Behavioral Sciences 5, 1868-1873, 2010	2010
The relationship between serum level of chromium and serum malondialdehyde in	2010

patients with type II diabetes S SABOURI, J Mohtadinia, A ALIASGARZADEH, GS NOUMI, ... SHAHREKORD UNIVERSITY OF MEDICAL SCIENCES JOURNAL 12 (2), 1-6, 2010	
Comparison of metformin and cyproteroneestrodinol compound effect on hs c-reactive protein and serum androgen levels in patients with poly cystic ovary syndrome. N Aghamohammadzadeh, A Aliasgarzadeh, L Baglar, S Abdollahifard, ... Pakistan Journal of Medical Sciences 26 (2), 2010	2010
Efficacy of oral ANGIPARS in chronic diabetes foot ulcer: a double blind placebo controlled study. A Bahrami, A Aliasgarzadeh, M Sarabchian, M Mobasseri, R Heshmat, ... Iranian Journal of Endocrinology and Metabolism 11 (6), 647-732, 2010	2010
Effect of Total Extract of Urtica Dioica on Insulin and C-Peptide Secretion From Rat (RIN5F) Pancreatic $\beta$ Cells and Glucose Utilization by Human Muscle Cells Mobasseri M <sup>1</sup> , Bahrami A <sup>1</sup> , Zargami N <sup>2</sup> , Aliasgarzadeh A <sup>1</sup> , Rhmati M <sup>2</sup> , Delazar A <sup>3</sup> , Najafipoor F <sup>1</sup> , Niafar M <sup>1</sup> , Agamohmmadzadeh N <sup>1</sup> Iranian Journal of Endocrinology & Metabolism Vol 11 No. 6 March	2010
Effect of folic acid supplementation on biochemical indices in overweight and obese men with type 2 diabetes BP Gargari, V Aghamohammadi, A Aliasgharzadeh Diabetes research and clinical practice 94 (1), 33-38, 2011	2011
The effect of hydro alcoholic Nettle (Urtica dioica) extracts on insulin sensitivity and some inflammatory indicators in patients with type 2 diabetes: a randomized double ... N Namazi, AT Esfanjani, J Heshmati, A Bahrami Pakistan journal of biological sciences: PJBS 14 (15), 775-779, 2011	2011
Effect of folic acid supplementation on homocysteine, serum total antioxidant capacity, and malondialdehyde in patients with type 2 diabetes mellitus V Aghamohammadi, BP Gargari, A Aliasgharzadeh Journal of the American College of Nutrition 30 (3), 210-215, 2011	2011
Effect of supplementation with grape seed (Vitis vinifera) extract on antioxidant status and lipid peroxidation in patient with type diabetes B Pourghassem-Gargari, S Abedini, H Babaei, A Aliasgarzadeh, ... Journal of Medicinal Plants Research 5 (10), 2029-2034, 2011	2011
Gastrointestinal signs and symptoms among persons with diabetes mellitus M Khoshbaten, L Madad, M Baladast, M Mohammadi, A Aliasgarzadeh Gastroenterology and hepatology from bed to bench 4 (4), 219, 2011	2011
Evaluation of the level of plasma homocysteine in patients with type 2 diabetes mellitus under metformin treatment and its correlation with serum total antioxidant capacity ... V Aghamohammadi, B PourghassemGargari, A Aliasgharzadeh J Adv Med Biomed Res 19 (76), 1-10, 2011	2011
Relation of ankle brachial index to left ventricular ejection fraction in non-diabetic individuals M Abbasnezhad, A Aliasgarzadeh, H Aslanabadi, A Habibzadeh, ... Journal of cardiovascular and thoracic research 3 (4), 109, 2011	2011
Thyroid Autoimmunity in Patients with Breast Cancer A Aliasgarzadeh, Z Sanaat, S Karimi Avval, M Niafar, ... Iranian Journal of Endocrinology and Metabolism 13 (2), 190-196, 2011	2011
Effect of aerobic exercise, resistance training or combined training on glycemic control and cardiovascular risk factors in patients with type 2 diabetes mellitus A Yavari, F Najafipoor, AA ALI, M Niafar, M Mobasseri, S Nikookheslat	2011

MEDICAL JOURNAL OF TABRIZ UNIVERSITY OF MEDICAL SCIENCES 33 (4), 82-91, 2011	
Effect of folic acid supplementation on indices of glycemic control, insulin resistance and lipid profile in patients with type 2 diabetes mellitus B Pourghassem Gargari, A Aliasgharzadeh Iranian Journal of Endocrinology and Metabolism 13 (4), 354-360, 2011	2011
Islet cell autoantibodies in patients younger than 20 years of age with recently diagnosed diabetes in Northwest of Iran LY Marandi, M Rajaii, A Aliasgarzadeh, H Sadeghi-Bazargani International Journal of Diabetes in Developing Countries 31 (2), 70-75, 2011	2011
Thyroid Dysfunction in the Elderly Women of Tabriz M Niafar, A Bahrami, A Aliasgarzadeh, N Gholami JOURNAL OF SHAHID SADOUGHI UNIVERSITY OF MEDICAL SCIENCES AND HEALTH ..., 2011	2011
EFFECT OF AEROBIC EXERCISE, RESISTANCE TRAINING OR COMBINED TRAINING ON GLYCAEMIC CONTROL AND CARDIO-VASCULAR RISK FACTORS IN PATIENTS WITH TYPE 2 DIABETES. A Yavari, F Najafipoor, A Aliasgarzadeh, M Niafar, M Mobasseri Biology of Sport 29 (2), 2012	2012
Efficacy of the total extract of urtica dioica on the glucose utilization by the human muscle cells M Mobaseri, A Aliasgarzadeh, A Bahrami, N Zargami, A Tabrizi, G Ave J Clin Diagn Res 6 (3), 437-440, 2012	2012
Association between modifiable lifestyle factors and inflammatory markers in patients with metabolic syndrome M Golzarand, K Toolabi, ME Mameghani, A Aliasgarzadeh, ... EMHJ-Eastern Mediterranean Health Journal, 18 (7), 735-741, 2012, 2012	2012
Effect of extract of Urtica dioica on insulin and C-peptide secretion from rats (RIN5F) pancreatic beta cells A Aliasgarzadeh, M Mobasseri, A Bahrami, N Zargami, A Tabrizi African Journal of Pharmacy and Pharmacology 6 (29), 2176-2179, 2012	2012
Evaluation of anterior pituitary function following traumatic brain injury RZ ABBASI, A Bahrami, M Shakeri, A Aliasgarzadeh, M Mobasseri, ... IRANIAN JOURNAL OF ENDOCRINOLOGY AND METABOLISM (IJEM) 13 (559), 524-529, 2012	2012
Effect of percutaneous ethanol injection in treatment of non-functioning benign solid thyroid nodules A Aliasgarzadeh, R Javadrashid, Y Ostadahmadli Pakistan Journal of Medical Sciences 28 (4), 706-709, 2012	2012
Folic acid supplementation Effects in Patients with Type 2 Diabetes Mellitus: P2 06 P Gargari, A Khiavi, A Aliasgharzadeh, H Behzad Clinical Chemistry and Laboratory Medicine 50 (2), 2012	2012
Effect of Folic Acid Supplementation on Homocysteine, Serum Total Antioxidant Capacity and Malondialdehyde in Patients with Type 2 Diabetes Mellitus: P6 05 P Gargari, A Khiavi, A Aliasgharzadeh, H Behzad Clinical Chemistry and Laboratory Medicine 50 (2), 2012	2012
الترايط بين عوامل يمكن تعديلها في أنماط الحياة وبين الواسمات الالتهابية في مرضى المتلازمة الاستقلابية M Golzarand, K Toolabi, M Ebrahimi-Mameghani, A Aliasgarzadeh, ... EMHJ 18 (7), 735-741, 2012	2012
Effects of high performance inulin supplementation on glycemic control and antioxidant status in women with type 2 diabetes	2013

B Pourghassem Gargari, P Dehghan, A Aliasgharzadeh, ... Diabetes & metabolism journal 37 (2), 140-148, 2013	
Effect of supplementation with grape seed extract (vitis vinifera) on serum lipid profiles in patient with type 2 diabetes S Abedini, B Pourghassem Gargari, H Babaei, A Aliasgarzadeh, ... Iranian Journal of Endocrinology and Metabolism 15 (1), 59-66, 2013	2013
Correlation of serum free carnitine with serum ferritin and vitamin c levels in type II diabetic men A Pourabbas, F Fallah, R Mahdavi, A Aliasgarzadeh Iranian journal of public health 42 (7), 767, 2013	2013
Effects of inulin on lipid profile, inflammation and blood pressure in women with type 2 diabetes: a randomized controlled trial B Pourghassem Gargari, P Dehghan, E Mirtaheri, A Aliasgarzadeh Journal of Ardabil University of Medical Sciences 13 (4), 359-370, 2013	2013
Familial dysbetalipoproteinaemia presenting with cauliflower xanthoma A Aliasgarzadeh, M Ghorbanian, M Naghavi-Behzad Nigerian medical journal: journal of the Nigeria Medical Association 54 (4), 268, 2013	2013
A comparison of effects of Atorvastatin and OCP on biochemical profile of PCOS patients M Mobasseri, J Shadi, A Bahrami, A Aliasgarzadeh, E Faraji, ... Journal of American Science 9 (7s), 2013	2013
No association between Interleukin 27 promoter gene polymorphism and risk of type1 diabetes in the Azerbaijan, Northwest Iran F Zamani, T Kazemi, MR Aliparasti, S Almasi, A Aliasgarzadeh, ... 1st Tabriz International Life Science Conference and 12th Iran Biophysical ..., 2013	2013
PTPN22 gene polymorphism C1858T is not associated with type 1 diabetes in Azerbaijan, northwest Iran MR Aliparasti, S Almasi, L Yazdchi-Marandi, A Aliasgarzadeh, A Mesri, ... 1st Tabriz International Life Science Conference and 12th Iran Biophysical ..., 2013	2013
Braf Mutation In Differentiated Thyroid Cancer And Thyroid Nodules E Faraji, A Bahrami, MJ Bonyadi, M Gojazadeh, N Fotouhi, ... Journal of American Science 9 (7s), 2013	2013
Inulin controls inflammation and metabolic endotoxemia in women with type 2 diabetes mellitus: a randomized-controlled clinical trial P Dehghan, BP Gargari, MA Jafar-Abadi, A Aliasgharzadeh International journal of food sciences and nutrition 65 (1), 117-123, 2014	2014
Effect of fenugreek seeds on serum metabolic factors and adiponectin levels in type 2 diabetic patients M Rafraf, M Malekiyan, M Asghari-Jafarabadi, A Aliasgarzadeh Int J Vitam Nutr Res 84 (3-4), 196-205, 2014	2014
Age related secretary pattern of growth hormone, insulin-like growth factor-I & insulin-like growth factor binding protein-3 in postmenopausal women A Aliasgarzadeh, M Ghojazadeh, R Haji-Hoseini, F Mehanfar, R Piri, ... The Indian journal of medical research 139 (4), 598, 2014	2014
Therapeutic effects of stinging nettle (Urtica dioica) in women with Hyperandrogenism Farzad Najafipour, Alireza Ostad Rahimi, Majid Mobaseri, Naser Agamohamadzadeh, Ali Nikoo, Akbar Aliasgharzadeh Int J Current Res Acad Rev 2 (7), 153-160, 2014	2014
Analysis of PTPN22 C1858T gene polymorphism in cases with type 1 diabetes of Azerbaijan, Northwest Iran S Almasi, MR Aliparasti, L Yazdchi-Marandi, A Aliasgarzadeh, ...	2014

Cellular immunology 292 (1-2), 14-18, 2014	
Diagnostic value of Elastography in thyroid nodules A Aliasgarzadeh, MK Tarzamani, M Raeisi, M Mobasser, M Mozayyan, ... Journal of Research in Clinical Medicine 2 (2), 71-76, 2014	2014
Effect of Pioglitazone on Inflammatory and oxidative markers in patient with diabetic nephropathy F Farnood, K Boostani, H Tayyebi Khoshroshahi, A Aliasgarzadeh, ... Int Jour Curr Res Aca Rev 2 (11), 172-181, 2014	2014
Effects of inulin supplementation on total antioxidant capacity, glutathione peroxidase, superoxidase dismutase and catalase activities of type 2 diabetes patients P Dehghan, A Aliasgharzadeh, M Asghari Jafarabadi, ... The Journal of Urmia University of Medical Sciences 24 (12), 977-986, 2014	2014
A Comparison of Effectiveness of Amitriptyline and Topiramate in the Treatment of Painful Diabetic Neuropathy A Aliasgharzadeh, M Talebi, HFA Sharabiani, N Bashirivand International Journal of Current Research and Academic Review ISSN: 2347-3215 Volume 2 Number 6 (June)	2014
Resistant dextrin, as a prebiotic, improves insulin resistance and inflammation in women with type 2 diabetes: a randomised controlled clinical trial A Aliasgharzadeh, P Dehghan, BP Gargari, M Asghari-Jafarabadi British Journal of Nutrition 113 (2), 321-330, 2015	2015
A combination of prebiotic inulin and oligofructose improve some of cardiovascular disease risk factors in women with type 2 diabetes: a randomized controlled clinical trial A Aliasgharzadeh, M Khalili, E Mirtaheri, BP Gargari, F Tavakoli, ... Advanced pharmaceutical bulletin 5 (4), 507, 2015	2015
Association of insulin resistance with lipid profile, metabolic syndrome, and hormonal aberrations in overweight or obese women with polycystic ovary syndrome Mehranghiz Ebrahimi-Mamaghani, Maryam Saghafi-Asl, Saeed Pirouzpanah, Akbar Aliasgharzadeh, Soudabeh Aliashrafi, Niloufar Rezayi, Mahzad Mehrzad-Sadaghiani Journal of health, population, and nutrition 33 (1), 157, 2015	2015
Effect of balance training with Biodex Stability System on balance in diabetic neuropathy B Eftekhari-Sadat, R Azizi, A Aliasgharzadeh, V Toopchizadeh, ... Therapeutic advances in endocrinology and metabolism 6 (5), 233-240, 2015	2015
A combined continuous and interval aerobic training improves metabolic syndrome risk factors in men V Sari-Sarraf, A Aliasgarzadeh, MM Naderali, H Esmaili, EK Naderali International journal of general medicine 8, 203, 2015	2015
Effect of a long-term regular physical activity on hypertension and body mass index in type 2 diabetes patients. M Mobasser, A Yavari, F Najafipour, A Aliasgarzadeh, M Niafar The Journal of sports medicine and physical fitness 55 (1-2), 84-90, 2015	2015
Effectiveness of insulin glargine on recovery of patients with diabetic ketoacidosis: a randomized controlled trial J Houshyar, A Bahrami, A Aliasgarzadeh Journal of Clinical and Diagnostic Research: JCDR 9 (5), OC01, 2015	2015
Investigation of CTLA-4-318C/T gene polymorphism in cases with type 1 diabetes of Azerbaijan, Northwest Iran S Almasi, MR Aliparasti, A Aliasgarzadeh, B Abd-Nikfarjam, H Hyoety, ... Immunology letters 166 (2), 134-139, 2015	2015
Impact of prebiotic supplementation on T-cell subsets and their related cytokines,	2016



anthropometric features and blood pressure in patients with type 2 diabetes mellitus: a ... P Dehghan, MA Farhangi, F Tavakoli, A Aliasgarzadeh, AM Akbari Complementary therapies in medicine 24, 96-102, 2016	
The Effect of Nanohydrogel Oral Insulin Therapy on Serum Glucose and Insulin Level in Patients with Type 2 Diabetes: A Pilot Study V Ahmadi, J Karnoosh-Yamchi, A Aliasgharzadeh, A Ostad-Rahimi, ... Pharmaceutical Sciences 22 (3), 181-185, 2016	2016
The Effect of Nanohydrogel Oral Insulin Therapy on Serum Glucose and Insulin Level in Patients with Type 2 Diabetes: A Pilot Study: Oral insulin in diabetes V Ahmadi, J Karnoosh-Yamchi, A Aliasgharzadeh, A Ostad-Rahimi, ... PHARM 22 (3), 2016	2016
Age differences in diabetes-related complications and glycemic control SM Shamshirgaran, A Mamaghanian, A Aliasgarzadeh, N Aiminisani, ... BMC endocrine disorders 17 (1), 1-7, 2017	2017
Effect of regular exercise training on changes in HbA1c, BMI and VO2max among patients with type 2 diabetes mellitus: an 8-year trial F Najafipour, M Mobasseri, A Yavari, H Nadrian, A Aliasgarzadeh, ... BMJ Open Diabetes Research and Care 5 (1), 2017	2017
Clinico-epidemiological factors of health related quality of life among people with type 2 diabetes A Mamaghanian, SM Shamshirgaran, N Aiminisani, A Aliasgarzadeh World journal of diabetes 8 (8), 407, 2017	2017
Concentration of maternal serum 25-hydroxy Vitamin D and gestational 2 diabetes mellitus risk A Vosoughi, A Aliasgarzadeh, A Bahrami, F Abbasalizadeh, M Niafar, ... Pharmaceutical Sciences 23 (3), 189-192, 2017	2017
Effectiveness of glargine insulin on recovery of patients with diabetic ketoacidosis A Aliasgharzadeh, A Bahrami, J Houshyar Majallah-i pizishki-i Danishgah-i Ulum-i Pizishki va Khadamat-i Bihdashti-i ..., 2017	2017
Effect of regular exercise training on changes in HbA1c, BMI and VO F Najafipour, M Mobasseri, A Yavari, H Nadrian, A Aliasgarzadeh, ... <i>BMJ Open Diab Res Care</i>	2017
The effects of metformin on thyroid function among patients with subclinical hypothyroidism and coexisting metabolic syndrome Z Nurcheshmeh, A Aliasgarzadeh, A Bahrami, M Mobasseri Pharmaceutical Sciences 24 (2), 118-123, 2018	2018
Effect of prebiotic on anthropometric indices in women with polycystic ovarian syndrome: a triple-blind, randomized, controlled clinical trial Sevda Gholizadeh Shamasbi, Parvin Dehghan, Sakineh Mohammad-Alizadeh Charandabi, Akbar Aliasgarzadeh, Mojgan Mirghafourvand Iranian Red Crescent Medical Journal 20 (11), 2018	2018
Effect of Prebiotic on Anthropometric Indices in Women with Polycystic Ovarian Syndrome: A Triple-Blind, Randomized, Controlled Clinical Trial SG Shamasbi, P Dehghan, SMA Charandabi, A Aliasgarzadeh, ... Iranian Red Crescent Medical Journal 20 (11), 2018	2018
Comparison of Bifidobacterium spp. and Lactobacillus spp. Count in Faeces of Patients with Type 2 Diabetes Mellitus and healthy people. A Aliasgharzadeh, A Aliloo, R Ghotaslou, S Arbabi Middle East Journal of Family Medicine 16 (3), 2018	2018

Comparison of Bifidobacterium spp. and Lactobacillus spp. Count in Faeces of Patients with Type 2 Diabetes Mellitus and healthy people A Aliloo, S Arbabi, A Aliasgharzadeh, R Ghotaslou World Family Medicine Journal: Incorporating the Middle East Journal of ..., 2018	2018
The effect of resistant dextrin as a prebiotic on metabolic parameters and androgen level in women with polycystic ovarian syndrome: a randomized, triple-blind, controlled ... SG Shamasbi, P Dehgan, SMA Charandabi, A Aliasgarzadeh, ... European journal of nutrition 58 (2), 629-640, 2019	2019
Comparison of the Bone Mineral Density between Acromegaly Patients and Healthy Individuals. Z Mostafavi, J Houshyar, A Aliasgarzadeh, N Aghamohammadzadeh, ... Archives of Pharmacy Practice 10 (4), 15-21, 2019	2019
Comparison of The Efficacy of Sitagliptin With Pioglitazone on Blood Glucose Control in Type 2 Diabetic Patients. N Aghamohammadzadeh, V Sadra, A Mehdizadeh, S Dalil, J Houshyar, ... Archives of Pharmacy Practice 1, 52, 2019	2019
A constrained optimization problem for determining the smallest Pareto confidence region under progressive Type-II censoring M ZARE, A ALIASGHARZADEH ADVANCES IN MATHEMATICAL MODELING 9 (100106), 44-57, 2019	2019
Improvement of the sensitivity of PASSAG polymer gel dosimeter by urea A Aliasgharzadeh, A Mohammadi, B Farhood, V Anaraki, M Mohseni, ... Radiation Physics and Chemistry 166, 108470, 2020	2020
The comparison of GDM therapeutic methods between positive and negative anti TPO patients. R Ranjbar, N Aghamohammadzadeh, J Houshyar, A Aliasgarzadeh, ... Archives of Pharmacy Practice 11 (2), 2020	2020
Evaluating the Effect of Cabergoline on Glycaemic Control of Patients with Type 2 Diabetes Mellitus: A Randomised Controlled Trial. A ALIASGARZADEH, S KARIMIYAVVAL, J HOUSHYAR, M GOJAZADEH, ... Journal of Clinical & Diagnostic Research 14 (2), 2020	2020

## Positions held: (past- current)

Start and End Date	Job Title, <u>Responsibilities and achievements</u>
1374- 1376 1379 -1381	Head of Internal Medicine Ward Sina Hospital
1374-1378 1380-1381	Sina Hospital Deputy Director of Education
1381-1392	Deputy Head of Internal Department
1392-1394	Head of Endocrine Ward Emamreza Hospital
1394- 1396	Head of internal Medicine Department